

VEGGIE PRESCHOOL LUNCH 4-WEEK CYCLE MENU

All lunches are served with 2% Milk and Fresh Fruit. Daily Fruit served will be based on season availability.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Mac & Cheese Broccoli In-Season Fresh Fruit Milk	Bean Soup/Wheat Bread In-Season Fresh Fruit Milk	Veggie Rice In-Season Fresh Fruit Milk	Grilled Cheese Corn In-Season Fresh Fruit Milk	Pizza Day!! Provided by School
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Spaghetti with Sauce and Veggies In-Season Fresh Fruit Milk	Vegan Hot Dog Cucumbers In-Season Fresh Fruit Milk	Veggie Rice In-Season Fresh Fruit Milk	Cheese Quesadillas Corn and Sweet Peas In-Season Fresh Fruit Milk	Pizza Day!! Provided by School
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Grilled Cheese Corn In-Season Fresh Fruit Milk	Mac & Cheese Broccoli In-Season Fresh Fruit Milk	Bean Medley Rice Corn In-Season Fresh Fruit Milk	Croissant with Cheese Steamed Carrots In-Season Fresh Fruit Milk	Pizza Day!! Provided by School
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 4	Spaghetti with Sauce and Veggies In-Season Fresh Fruit Milk	Spinach Quesadillas Black Beans In-Season Fresh Fruit Milk	Black Beans Veggie Rice In-Season Fresh Fruit Milk	Vegan Hot Dog Broccoli In-Season Fresh Fruit Milk	Pizza Day!! Provided by School
	Monday	Tuesday	Wednesday	Thursday	Friday